

## Inventory of Test-Taking Skills

**Directions:** Answer the following Questions yes or no according to your methods of preparing for and taking a test.

	YES	NO
<b>In preparing for the test, did you . . . ?</b>		
▪ Maintain a positive attitude	_____	_____
▪ Make a study schedule	_____	_____
▪ Know the test's format (multiple choice, short answer, essay)	_____	_____
▪ Use your notes only	_____	_____
▪ Use your text only	_____	_____
▪ Use both your notes and text	_____	_____
▪ Make a study guide	_____	_____
▪ Predict test questions	_____	_____
▪ Practice recall of information (e.g. flashcards)	_____	_____
▪ Take an old/practice test	_____	_____
▪ Attend the class period immediately before the test	_____	_____
▪ Get a good night's rest and eat well balanced meals	_____	_____
▪ Do a final review on test day	_____	_____
 <b>During the test, did you . . . ?</b>		
▪ Look through the whole test and answer the easiest questions first	_____	_____
▪ Read the directions carefully	_____	_____
▪ Recall the correct answer after reading the multiple choices given as possibilities for a question	_____	_____
▪ Outline the answer to an essay question	_____	_____
▪ Review your answers and the test as a whole before turning it in	_____	_____
 <b>After completing the test, did you . . . ?</b>		
▪ Reward yourself	_____	_____
▪ Note the kinds of questions you missed	_____	_____