

## **NURSING**

St. Elizabeth School of Nursing and Saint Joseph's College, private Roman Catholic post-secondary institutions have entered into an agreement to offer a consortium nursing education program of study that stimulates students, preparing to practice professional registered nursing as diploma/bachelor's prepared graduates, to think analytically, pursue independent learning experiences, and develop a greater awareness of and sensitivity toward themselves and others. This is accomplished by the synthesis of knowledge obtained from the liberal arts, sciences, and nursing through the visions and values of our Franciscan and Missionaries of the Precious Blood traditions. Our purposes are:

- To prepare graduates to practice proficiently with compassion as nurse generalists in a variety of care settings for clients across the lifespan.
- To promote an environment that values life-long learning of individuals who are confident in confronting the issues and complexities of delivering quality care today and in the future, with intelligence, faith, service, and stewardship.
- To prepare graduates to assume leadership roles giving witness to the Christian Humanism values of justice, respect and commitment to human solidarity and interdependence on local, national and global levels.

**MISSION: PREPARING NURSES TO CONTINUE CHRIST'S MINISTRY.**

### **OUTCOMES/COMPETENCIES**

Upon completion of the St. Elizabeth School of Nursing and Saint Joseph's College consortium nursing program, the graduate will:

1. Practice professional nursing through assessment, nursing diagnosis, and intervention to actual and potential health problems.
2. Formulate clinical judgments while delivering safe and effective nursing care in a variety of settings across the lifespan.
3. Collaborate with health care professionals and consumers to promote the health and welfare of individuals, families, and communities.
4. Communicate effectively with individuals, families, communities, and members of the health care team.
5. Contribute to the ongoing appraisal of nursing practice through the application of evidence-based research findings.
6. Approach community health-nursing practice issues from a population based perspective.
7. Function as a culturally competent advocate incorporating respect for life, human dignity, and disparate beliefs and values while delivering wholistic care.
8. Exemplify accountability and responsibility for one's own nursing practice consistent with established professional, legal, and ethical standards.

The curriculum offered by the St. Elizabeth School of Nursing – Saint Joseph's College Consortium Nursing Program is a seamless integrated Diploma-Bachelor of Science in Nursing (BSN) curriculum that prepares the graduates to become eligible to take the

National Council Licensure Examination for Registered Nurse (NCLEX-RN). The unique characteristics of this program are:

- A nursing educational program based in the Diploma – Hospital tradition of early “hands-on” clinical experiences and approved by the Indiana State Board of Nursing and accredited by the National League for Nursing Accrediting Commission (NLNAC).
- A regionally accredited college – authorized to offer the Bachelor of Science in Nursing (BSN).

After successful completion of the NCLEX-RN examination, the graduate is licensed to practice as a Registered Nurse. To register in any other state, the nurse must apply for licensure by endorsement and meet the requirements of that state.

The program requires 132 semester credits and is offered in a multiple track option in order to best meet the needs of the student. The program may be completed in:

- Three (3) academic years plus summers (approximately 121 weeks or 30 months) for the student wishing to complete in a traditional Diploma track. *or*
- A more standard four (4) academic years with the three (3) months of summer off from required academic work. *or*
- An accelerated option for an individual already holding a Bachelor’s or higher degree in another major in which they can complete the program with the diploma and receive the BSN in approximately 84 weeks or 21 months.
- An RN to BSN completion program for a graduate from a diploma or associate degree program holding a current RN license.

### **BASIC DIPLOMA-BSN PROGRAM REQUIREMENTS (132 CREDITS)**

REQUIRED: **Core** 1,2,3,4,7,8,9,10 (39 credits)

**Science** – 6 courses (19 credits)

BIO 121, 122 Anatomy & Physiology I & II

BIO 123 Intro Microbiology

BIO 212 Analysis of Pathophysiological Concepts

BIO 213 Analysis of Pharmacotherapeutics

CHM 101 Introduction to General Chemistry

**Nursing** (74 credits)

NUR 100 Freshman Nursing Seminar (1)

NUR 120 Concepts of Nursing Practice (2)

NUR 121 Assessment: Physical Needs and Skill Development (4)

NUR 122 Assessment: Psychosocial Needs and Skill Development (4)

NUR 201 Community – Health Promotion (0.5)

NUR 202 Community Assessment (0.5)

NUR 204 Statistical Analysis for Healthcare Providers (3)

NUR 221 Interpersonal Analysis (6)

NUR 222 Lifespan Analysis (6)

NUR 304 Implementation: Contemporary Issues in Nursing Practice (3)

NUR 313 Community – Risk Reduction (0.5)

NUR 314 Community Analysis (0.5)  
 NUR 323 Planning For Nursing Care of Reproductive Years (6)  
 NUR 324 Planning for Nursing Care of Infants through Middle Adults(6)  
 NUR 333 Disease Prevention (0.5)  
 NUR 334 Community Planning (0.5)  
 NUR 343 Implementation: Concepts of Mental & Maternal Health (6)  
 NUR 344 Implementation: Care of Clients with Complex Deviations (6)  
 NUR 445 Community: A Quality of Life Approach (6)  
 NUR 446 Leadership: Developing a Quality Nursing Ethic (6)  
 Nursing Cultural Elective (3)  
 NUR 440 Transcultural Health Issues **or**  
 NUR 441 Practical Spanish for Healthcare Workers  
 NUR 450 Nursing Research: An Evidence-Based Approach (3)

### **Graduation Requirements**

- Achieve a minimum of 132 semester credits and a cumulative grade point average (Cum-GPA) of 2.00 are required for the Diploma-BSN degree from the St. Elizabeth School of Nursing – Saint Joseph’s College Consortium Program. The last 30 semester hours must be taken in residence.
- Achieve a required “C” grade or better in:
  - Human Anatomy & Physiology (4-6 Semester Credits)
  - Introductory Chemistry (3 Semester Credits)
  - Introductory Microbiology (3-4 Semester Credits)
  - Pathophysiology (3 Semester Credits)
  - Pharmacology (3 Semester Credits)
  - General Education – Liberal Arts
    - Core 1 – The Contemporary Situation (6 Semester Credits)
    - Core 2 – The Modern World (6 Semester Credits)
    - Core 10 – Christianity and the Human Situation (Health Care Ethics) (3 Semester Credits)
  - All Nursing courses of the major
    - To qualify for a “C” grade or better in a Nursing course with a clinical component, the student must demonstrate an overall “C” average on all test and quizzes of the course and satisfactorily achieve the clinical requirements.
- Achieve a cumulative GPA of 2.00 or better in Core requirements.
- Show evidence of reasonable professional competency in nursing as demonstrated by achieving a satisfactory observed score on program determined national standardized examinations during the student’s last year of nursing course work.
- Have met financial and/or other graduation requirements as published in the School Catalog/Student Handbook.

**BACHELOR OF SCIENCE IN NURSING PROGRAM (BSN) REQUIREMENTS FOR CURRENTLY RN LICENSED GRADUATE WITH A DIPLOMA OR ASSOCIATE DEGREE**

**REQUIRED: Core** 1,2,3,4,7,8,9,10 (39 credits)

**Science** (19 credits)

BIO 121, 122 Anatomy & Physiology I & II

BIO 123 Intro Microbiology  
BIO 212 Analysis of Pathophysiological Concepts  
BIO 213 Analysis of Pharmacotherapeutics  
CHM 101 Introductory General Chemistry

**Electives** (9-12 credits)

**Nursing** (61 credits)

Previous Nursing Credits (30)  
NUR 204 Statistical Analysis for Healthcare Providers (3)  
NUR 304 Implementation: Contemporary Issues in Nursing Practice (3)  
NUR 400 Health Assessment Process (4)  
NUR 444 Community as Client (3)  
NUR 445 Community: A Quality of Life Approach (6)  
NUR 446 Leadership: Developing a Quality Nursing Ethic (6)  
NUR 440 Transcultural Health Issues **or**  
NUR 441 Practical Spanish for Healthcare Workers  
NUR 450 Nursing Research: An Evidence-Based Approach (3)

NOTES: Current Licensed RN to BSN student:

1. must have completed and graduated from a state and nationally accredited RN program with a minimum of 40 credits in nursing;
2. must hold a valid Indiana license for Registered Nurse or if a recent graduate, be eligible for the NCLEX-RN exam in Indiana and successfully pass the NCLEX-RN exam and obtain a current and valid RN license prior to enrolling in required nursing courses with a clinical element of the course;
3. is granted thirty (30) semester credits in nursing for previous nursing courses for graduates of a nationally accredited RN (Diploma or Associate Degree) program. Graduates of programs that are not nationally accredited will be required to demonstrate nursing curriculum content equivalency by means of submitting acceptable nationally normed standardized test score to the Department of Nursing for consideration, or by submitting a portfolio for credit for previous nursing courses.

If there are any questions regarding the national specialized nursing accreditation status of the BSN degree of the Nursing major of Saint Joseph's College, please contact the Chair of the Department of Nursing.

## **COURSE DESCRIPTIONS**

### **100. Freshman Nursing Seminar**

**1 credit**

This seminar will familiarize the student with strategies important for success in nursing. Concepts will include time management, stress management, test taking, analysis of personal learning style, and basic math and writing techniques.

### **120. Concepts of Nursing Practice**

**2 credits**

The purpose of this course is to introduce the student to essential concepts of nursing. The student will explore nursing in terms of definition, history, professionalism, basic nursing process and decision-making. Medical terminology and drug calculation will be a focus of the course. **Co-requisite: NUR 121 or NUR 122.**

**121. Assessment: Physical Needs and Skill Development** **4 credits**

This introductory course provides a foundation for nursing practice. Theoretical knowledge and physical skills are applied in the care of individuals across the lifespan using physical assessment and basic care skills. **Pre or co-requisite: NUR 120.**

**122. Assessment: Psychosocial Needs and Skill Development** **4 credits**

This foundational course prepares the learner to apply basic communication skills which are utilized in assessment of individuals and families across the lifespan. This learned approach will be applied in assessing developmental patterns and nutritional needs. **Pre or co-requisite: NUR 120.**

**201. Community Health Promotion** **0.5 credit**

This course focuses on the concept of health promotion and community health nursing. The clinical focus will be on health promotion and prevention within a variety of community based agencies. **Must be taken prior to or concurrent with NUR 202, and concurrent with NUR 221 and/or NUR 222.**

**202. Community Assessment** **0.5 credit**

This course focuses on the assessment of the community through application of concepts and principles of collaborative nursing care related to health promotion of individuals in the community. The clinical focus will be on health promotion and prevention within a variety of community based agencies. **May be taken concurrently with NUR 202 and concurrently with NUR 221 and/or NUR222.**

**204. Statistical Analysis for Healthcare Providers** **3 credits**

This course is designed to involve the learner in employing and analyzing mathematical techniques that are used by researchers to organize, summarize and interpret the results from research studies. Descriptive statistics, inferential statistics, inferences about means and mean differences, correlation and nonparametric tests will be discussed.

**208. Family and Community Health for Non-Nursing Majors** **3 credits**

This course examines the impact of family interactions on school-age children and adolescents in home, school and community settings. Growth and development, human needs, health promotion/illness prevention, and existing health problems are addressed for each school-age group. Health and welfare concerns of the students in the classroom are reviewed by a variety of individuals with expertise in school settings.

**221. Interpersonal Analysis** **6 credits**

This course is designed to involve the learner in analyzing professional relationships while providing nursing care for individuals, groups and families in a variety of settings. The focus will be on adapting therapeutic communication based on an understanding of physiological and psychosocial strengths and needs. **Pre or co-requisite: NUR 201 or NUR 202.**

**222. Lifespan Analysis** **6 credits**

This course is designed to involve the learner in applying the process of analysis while providing nursing care for clients throughout the lifespan in a variety of settings. Growth and development concepts will be explored with an emphasis on health promotion from infant through middle adult. The pediatric population will be a focus of this course. **Pre or co-requisite: NUR 201 or NUR 202.**

**304. Implementation: Contemporary Issues in Nursing Practice** **3 credits**

This course is designed to provide an overview of the development and contemporary status of nursing. A variety of legal, ethical, moral and professional issues pertinent to nurses will be examined and discussed. The changing health care system, the economics and social policies that drive these changes, and the impact that these changes have on nursing will be discussed at length.

**313. Community Risk Reduction** **0.5. credit**

This course focuses on the impact of the environment and epidemiology on the family and individual in the context of the community. Data related to the selected target community will be collected and compiled. Clinical focus on caring for individuals, groups and families at selected agencies in the community. **Must be taken prior to or concurrently with NUR 314, concurrently with NUR 323 and/or NUR 324.**

**314. Community Analysis** **0.5. credit**

This course continues with the community assessment process, looking specifically at lifestyle factors and impact of health care delivery systems. Data collected about the community will be analyzed and preliminary problem identification will occur. Clinical will focus on applying the nursing process to caring for individuals, groups, and families, in the context of the community. **May be taken concurrently with NUR 313, concurrent with NUR 323 or NUR 324.**

**323. Planning for Nursing Care of the Reproductive Years** **6 credits**

This course explores the planning of nursing care for individual and family health related to genitourinary and reproductive issues. Environmental and societal factors are considered while promoting optimal health throughout the reproductive years.

**324. Planning for Nursing Care of Infants through Middle Adults** **6 credits**

This course explores the planning of nursing care for increasingly complex health issues on the diverse and vulnerable populations of the infant through middle adult. The client's health and high-risk behaviors, and how they impact the family and society, will be analyzed. Moral, ethical and environmental concepts will be integrated throughout.

**333. Community Disease Prevention** **0.5 credit**

This course explores the concepts of disease prevention in the context of the community in which individuals, groups and families interact. The impact of healthy versus unhealthy communities will be discussed. Clinical will focus on applying the nursing process to caring for individuals, groups, and families in the context of the community. **Must be taken prior to or concurrent with NUR 334, concurrent with NUR 343 or NUR 344.**

**334. Community Planning** **0.5 credit**

This course explores the concepts of collaborating with the community to plan interventions to deal with needs, strengths and problems in the realms of health and illness. The focus will be on community health promotion, prevention, risk reduction and wellness. Clinical will focus on applying the nursing process to caring for individuals, groups, and families in the context of the community. **May be taken concurrently with NUR 333, concurrent with NUR 343 or NUR 344.**

**343. Implementation: Concepts of Mental & Maternal Health 6 credits**

This course is designed to prepare the learner to implement nursing care to individuals, families and communities with complex mental and maternal health needs. Evidence-based practice will be implemented utilizing basic and complex technologies. The course will integrate the learner's previous knowledge, skills, and experiences in the provision of nursing care.

**344. Implementation: Care of Clients with Complex Deviations in Health 6 credits**

This course is designed to assist the learner to implement contemporary-based practice strategies while providing care for clients with complex deviations in health. Management of client care will be on expansion of the learner's knowledge base and clinical judgment, as a participant in the health care team, incorporating concepts of professionalism.

**400. Health Assessment Process 4 credits**

This course is designed for the RN student. It allows the student to hone current skills of inspection and auscultation, to develop skills of palpation, and percussion and the skill of using additional assessment instruments for an exam. There will be an emphasis on using the nursing process to identify client problems and develop a plan of care. The final course assessment will require the student to complete a Client History, a Head-to-Toe Physical Exam, and the development of a problem list and care plan.

**440. Transcultural Healthcare Issues 3 credits**

This course promotes cultural competency in the delivery of health care. The ultimate goal is for the learner to recognize, understand and appreciate cultural similarities and differences between their cultural orientation and another.

**441. Practical Spanish for Healthcare Workers 3 credits**

This course emphasizes vocabulary building with a focus on the development of conversational skills used in healthcare settings and in the daily life of the American-Hispanic community. It provides essential points in Spanish grammar for students whose profession requires a working knowledge of Spanish.

**444. Community as Client 3 credits**

This course focuses on the concepts of health promotion, the principles of collaborative nursing care, the influence of the family as the critical environment for an individual, risk reduction strategies for the family, disease prevention, and illness management within the context of the individual and family in community. An assessment of a community will be a major component of this course. Students are expected to complete 16 hours of approved volunteer activity within the community they have assessed as a part of this course.

**445. Community: A Quality of Life Approach 6 credits**

This course involves the learner in addressing quality of life issues of the individual, family and global community. Concepts related to the older (adult) population will be included.

**446. Leadership: Developing a Quality Nursing Ethic 6 credits**

This course involves the learner in synthesizing professional nursing knowledge and skills to manage resources in an ever-changing health care climate. A major focus is the synthesis of personal qualities of effective leadership and management.

**450. Nursing Research: An Evidence-Based Approach**

**3 credits**

Basic concepts and principles of research are considered within the context of nursing. The research report is used as the framework for understanding research. Emphasis is placed on the importance of evidence-based nursing by critiquing clinical research articles in order to determine whether the profession of nursing incorporates research findings in its practice.