

Saint Joseph's College Women's Cross Country

All-Time Top 50

5,000 Meters

1. Karen Austin	17:26	1986
2. Laura Witek	17:55	1996
3. Karla Berry	18:24	1983
4. Alexis Virtue	18:34	2000
5. Lorna Eyink	18:44	1983
6. Tracy Matuga	18:47	1991
7. Theresa Klingenberger	18:52	1987
8. Kelly Bauer	18:56	1993
9. Jackie Regnier	19:03	1986
10. Jaymi Hartzler	19:06	2000
11. Lisa Perez	19:12	1991
12. Karen Deno	19:12	1987
13. Ashley Moore	19:13	2007
14. Sara Depew	19:15	1997
15. Kathy O'Connor	19:17	1983
16. Maria Toledo	19:18	2000
17. Karen Watt	19:25	1983
18. Tiffani Sawmiller	19:25	2009
19. Holly Stefaniak	19:27	1996
20. Gina Medellin	19:42	1997
21. Monica Zakrzacki	19:47	1993
22. Maureen Goeddeke	19:48	1989
23. Lisa Bishop	19:48	1986
24. Natalie Gish	19:48	1985
25. Erin Chapple	19:50	1996
26. Missy Sibo	19:50	1995
27. Karen Honkisz	19:51	1983
28. Sarah Flory	19:52	2000
29. Shana Wyatt	19:52	1998
30. Heidi Owens	19:54	1986
31. Darci Ramirez	19:57	2000
32. Dani Ramirez	19:57	2000
33. Teresa Gaura	19:58	1998
34. Jenna Helton	20:01	2007
35. Maria Rodden	20:14	1983
36. Kayla Hanke	20:18	2008
37. Hillary Young	20:20	2008
38. Karen Nagel	20:20	1997
39. Jennifer Oliver	20:29	1995
40. Kelli Lippold	20:27	2009
41. Denise Fitzgerald	20:32	1996
42. Kim Woodruff	20:35	2007
43. Margaret Koopman	20:35	1981
44. Jordan Henley	20:39	2005
45. Danielle Stockmaster	20:42	2004
46. Jamie Riberto	20:44	1995
47. Aubrey Coy	20:47	1997
48. Kirsten Hart	20:49	2009
49. Jacqui Mohr	20:53	2006
50. Nancy Moody	20:56	1981

6,000 Meters

1. Ashley Moore	22:55	2005
2. Alexis Virtue	23:14	2000
3. Jenna Helton	23:30	2007
4. Jordan Henley	23:38	2005
5. Maria Toledo	23:38	2002
6. Kim Woodruff	23:44	2007
7. Teresa Gaura	23:45	1998
8. Tiffani Sawmiller	23:49	2008
9. Shana Wyatt	24:07	1998
10. Jaymi Hartzler	24:17	2003
11. Hillary Young	24:24	2008
12. Sarah Flory	24:32	2000
13. Darci Ramirez	24:36	2001
14. Danielle Stockmaster	24:43	2006
15. Holly Stefaniak	24:43	1998
16. Kayla Hanke	24:26	2008
17. Jacqui Mohr	24:56	2005
18. Dani Ramirez	25:18	2000
19. Megan Russell	25:35	2003
20. Ashley Bryant	25:59	2001
21. Casey Pierson	26:26	2007
22. Sara Depew	26:39	1998
23. Jill Gentile	26:41	2003
24. Sarah Grubb	26:59	1998
25. Aubrey Coy	27:06	1998
26. Sarah Lipniskis	27:25	2003
27. Amanda Moore	30:38	2006
28. Emma Eilts	31:57	2005
29. Jennifer Ruff	32:05	2006